

Introduction: *Repentance*  
Background Scripture: *Hebrews 5:12 – 6:3*

## REFLECTION

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1. Tell of a time when you were faced with a difficult decision that, one you decided, you could not go back on even if you wanted to.
2. What does it feel like to apologize to someone? How do you feel when someone apologizes to you?
3. Share a moment when someone lost your trust but worked successfully to gain it back. Can (or did) you ever fully restore your trust in them? Why or why not?

## STUDY

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Let's examine our background scripture:

<sup>1</sup> *... of repentance from dead works ...*

1. What does it mean to **repent**?
2. What does the Holy Bible say about **repentance** according to the:
  - a. OLD TESTAMENT (2 Chronicles 7:14, Hosea 14:1-2, Joel 2:13, Isaiah 55:6-7)

## STUDY (continued)

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b. NEW TESTAMENT (Acts 2:38, 3:19; Romans 12:1-2)

3. Is it possible to repent *away* from God instead of *toward* Him (see Exodus 13:17, Ezekiel 18:23-31, 2 Peter 2:20-22)? Why or why not?
  
4. What circumstances have caused you to question your choice of following God?
  
  
  
  
  
  
  
  
  
  
5. What answers does the Word give us to stay turned toward the Lord?
  - a. Romans 12:1-2
  - b. Ephesians 4:17-24
  - c. Ephesians 5:1-21
  - d. James 1:19-27
  
  
  
  
  
  
  
  
  
  
6. What do you do to help you stay turned toward God? How often?

## IN YOUR OWN WORDS

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Pray that the Holy Spirit will help you identify and repent of any unconfessed dead works.

**Affirmation: I will confess and no longer ignore my hang-ups, hurts, and harms.**